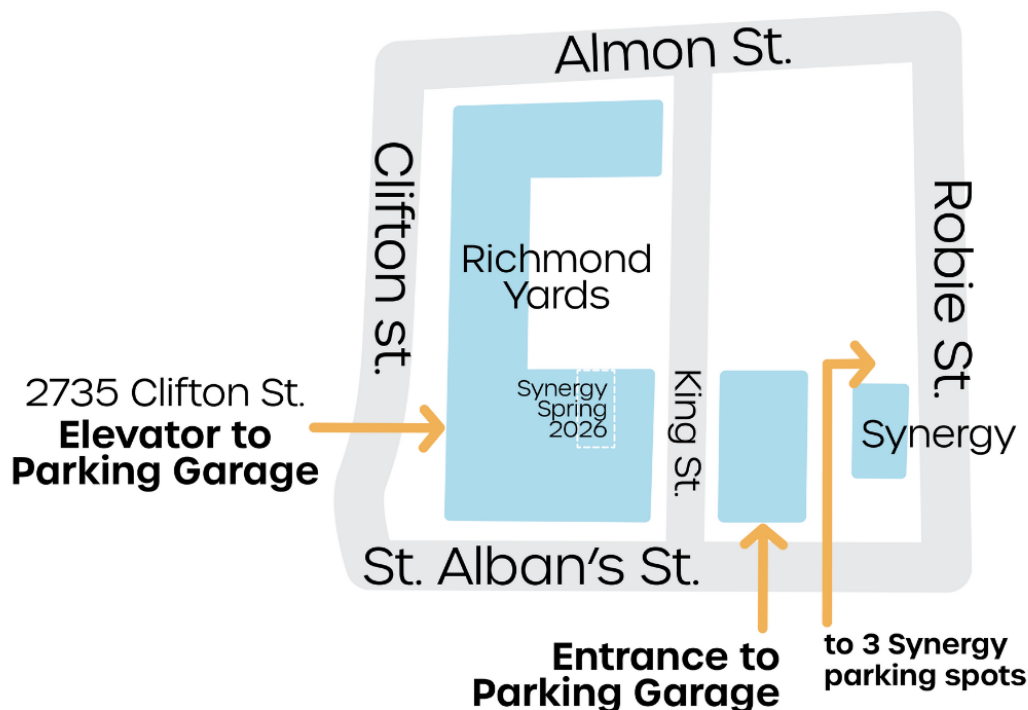


# Important Parking (*upgrade!*) Update

**Our parking arrangement with Shoppers will finish end of day Dec 3rd.**

**We are excited to announce a new parking option in Richmond Yards, just next door and where our new clinic and studio will open this SPRING!**



The garage sign says 'open soon' – but it's OPEN for us now.

## **Synergy Parking Options:**

- Richmond Yards underground parking (\$1.50/hr daytime / \$1.00/hr evening)
- *neighborhood street parking*
- *3 Synergy spots behind studio (access off St. Albans St)*

**Please plan a little extra time before your next visit.**

**Looking forward to safer and more accessible parking this winter!**

