

PhysioPilates 2023-2024

TERM 1 - Sept 5 to Nov 20

Open Registration: Aug 1

TERM 2 – Nov 27 to Feb 16

No class Dec 25 to Jan 1

Preregistration Deadline: Oct 19

Open Registration: Oct 26

TERM 3 – Feb 26 to May 17

No class March 29, April 1

Preregistration Deadline:

Open Registration:

TERM 4 – May 13 to Aug 2

No class May 20 or July 1

Preregistration Deadline:

Open Registration:

New Student Prerequisites: Physiotherapy Assessment. Call or email to register, pay and schedule an assessment. Class payment is required upon registration.

Returning students: Register with your teacher, or call/email. If you have a credit card on file it will be charged upon registration. Other payment options: call in credit card number, pay online through Jane account, e-transfer, pay teacher at studio.

Switching classes (for current registrants): Class transfer requests are to be made to your teacher at the studio or the office, and will be confirmed once we know if space is available in your preferred class. Please make transfer request during pre-registration.

Refund policy: No refunds within 10 days of (before) session start date. In the event of public health closure, classes will continue virtually, and no refunds will be issued.

Missing classes and Make-up classes: Use studio Zoom link to make-up a maximum of 3 classes within the term. You do not need to let us know ahead of time if you are missing a class or joining for a makeup. Please do not cancel your PhysioPilates class "appointments" online. If you won't be making it to class, your teacher will simply mark you as not attending.

PhysioPilates and Private Insurance: It is up to each student to check with their insurance provider to see if you're covered for "group physiotherapy". Insurance receipts are found on your Jane account at the end of the term.